

## PROGRAM BOOKING REQUEST FORM

Attach this form to an email to the Center for Quality of Life

[Bookingrequest@C4QL.org](mailto:Bookingrequest@C4QL.org)

Is this form:  New Event (first time request) or  Update of a prior request  
(if an update, at a minimum, please complete the asterisked items)

### Contact Data

Your Name* (required)	
Title	
Company* (required)	
Full Address	
Telephone*(required)	
Fax	
Email*(required)	

### Event Description\* (required)

	Your response
Event name	
Meeting Type (dinner; pre-con workshop; retreat, etc.)	
Date(s)	
Start Time	
Location (where)	
Venue Type (hotel; conference center; University, etc.)	
Room Type (ballroom, classroom)	
Who are the attendees (nature of audience)	
How many people	

What topics interest you? (please rank order if more than one)

#### Personal Transformation

- Welcome Your Destiny! The 8 Principles for Quality of Life  
 Living at the Edge: Creativity Inside the Box!

#### Stress Management

- Relax, Recharge, Renew: Don't Burn-Out at the Stake!

#### Leadership Development

- Effortless Leadership: Managing Without Struggle!

#### Career Re-Invention

- Unleash Your Passion to Make a Difference!  
 The Nonprofit Executive: "Take My Life, Please...!"

#### In The Work Place

- Beat the Work-Life Balance Conundrum!  
 Satisfaction at Work: "That's Not My Job!"

#### Relationships

- Successful Relationships From The Inside Out

What type of service are you interested in for this booking? Please check all that might apply

Check Here		
<input type="checkbox"/>	Keynote Speech	45-90 minutes
<input type="checkbox"/>	Interactive seminar	90 mins-3 hrs.
<input type="checkbox"/>	Experiential workshop	1/2 or full day
<input type="checkbox"/>	Retreat program	More than 1 day
<input type="checkbox"/>	Long term on-site curriculum	
<input type="checkbox"/>	Distance Learning Tele Course	
<input type="checkbox"/>	Follow-up coaching	

Do you anticipate requesting multiple services during a single visit (e.g. a keynote followed by a half-day workshop)?

Yes  No

Would you like to set up an introductory 30 minute call to discuss the concepts and principles of Effortless Leadership?

Yes  No

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